

## Implementer Portrait: Heather Rogers



Heather Rogers is an Ikerbasque Research Fellow in the Psychology and Health Research Group affiliated with the Biocruces Bizkaia Health Research Institute and the [Ikerbasque Basque Foundation for Science](#). Heather works and lives in Bilbao, Basque Country, SPAIN.

In Spanish, Heather says *implementación* (implementation) and *translación de conocimientos* (knowledge translation).

*What is one of your favourite articles on implementation?*

I really enjoyed ‘Fostering implementation of health services research findings into practice: a consolidated framework for advancing implementation science’ by Damschroder and colleagues, 2009. I happened upon the field of implementation science trying to resolve the question of how to systematically study context. The [Consolidated Framework for Implementation Research](#) (CFIR) provides one such structure to understand the influence of contextual factors as complex healthcare interventions are transferred to different settings.

Damschroder, L.J., Aron, D.C., Keith, R.E. et al. Fostering implementation of health services research findings into practice: a consolidated framework for advancing implementation science. *Implementation Sci* 4, 50 (2009). <https://doi.org/10.1186/1748-5908-4-50>

*What are you currently working on that relates to implementation?*

I just finished a collaboration with [CHRODIS-PLUS](#)’ WP5 examining the factors related to successful intersectoral collaboration in health promotion and disease prevention initiatives across various European countries. At the local level, I am working with the Primary Health Care, Prevention, and Chronic Diseases Research Group at Biocruces to finish up the qualitative evaluation of a quasi-experimental non-randomized hybrid effective-implementation type II trial for The Prescribing Healthy Lifestyles Program.

*If you were to have lunch with another ‘implementer’, whom would you pick?*

I’d like to have lunch with Djoeke van Dale, National Institute of Public Health and Environment (RIVM), The Netherlands. I’ve collaborated closely with Djoeke in CHRODIS and CHRODIS+ and know her work in health promotion well. She is an outstanding implementer who always offers practical insight grounded in science, and it’s been a number of years since we’ve been able to meet in person to chat!



*If you had the resources for it, what within implementation science or practice would you want to work with next?*

As a longer-term project, I would like to work on the implementation of person-centred care within primary care and hospital departments in the Basque Health Care System. Person-centred care leverages my prior and current work in physician-patient communication. It has the potential to positively impact patient care and patient outcomes if sustainably adopted. Examining person-centred care in different European cultural contexts is also an area of interest. This work would be in collaboration with some members of [COST Action 15222](#), led by the [Gothenburg Centre for Person-Centred Care](#), and the Communication & Health Group of The Basque Association of Family and Community Medicine Professionals (Osatzen).

*If you want to get in touch with Heather, please send her an email via [rogersheatherl@gmail.com](mailto:rogersheatherl@gmail.com).*

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